

# Sportverein ISF Sindlingen e.V.

Handbook 2019/20  
**Term II**



## Contact details

The Sportverein ISF handbook is published each term due to changes in the winter season and contains all the information for membership, training and sporting fixtures in the forthcoming academic year.

All activities require a membership and a fee need to be paid.

For further information, please contact the SV ISF Office:

Ulrike Groh (Manager)  
Nadine Franz (Registrar)

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**Office Hours:** Mon/Wed/Thu 8 – 12 am

Sportverein ISF Board Members:

President	Johannes Helke
Vice President	Kiran Bhat
Treasurer	Carolin Kuhlmann
Secretary	Nina Gödeker
Board Member	Iris Helke
Board Member	Eckhard Melz
Board Member	Talha Yesilhark

The Sportverein ISF constitution is available from the office.

# 1. SPORTVEREIN ISF SINDLINGEN e.V.

## ***The role of the Sportverein (SV) within ISF***

The word *Sportverein* translated literally means *Sport Club* and as such, the SV ISF is the school's official Sports Club registered in the official head organisations.

In Germany, all sports are organised and regulated by the German Sports Federation (Deutscher Olympischer Sportbund/DOSB) and official Sports Associations like the State of Hesse Football Federation (HFV), the State of Hesse Swim Federation (HSV) and so on.

## ***Sportverein ISF Sindlingen e.V. Data Protection Conduct for staff dealing with personal data according to GDPR 2018***

Personal data is defined as any information relating to a living, identifiable individual. The Sportverein ISF Sindlingen e.V. holds the data of many categories of people: past and present students and members of staff; job applicants; visitors; the list could go on. We need to ensure that information relating to all these people is treated correctly and with the appropriate degree of confidentiality. Please note that the definition of personal data includes information such as email addresses, date of birth, student ID, date of birth etc. If you are unsure whether particular information falls within the definition of personal data, please consult the ISF Sportverein Data Protection Officer.

## ***How the SV ISF functions***

The function of the SV ISF is to provide a wide range of sporting activities which includes: Badminton, Basketball, Cross Country, Golf, Gymnastics, Football, Swimming, Tennis, Track and Field and Volleyball.

The SV ISF is recruiting coaches and instructors in order to train its teams, who then represent the school in not only friendly matches but also official leagues throughout the State of Hesse and against other International Schools in Germany.

By careful management of membership fees, some ISF financial support and kind donations, the SV ISF is able to oversee a comprehensive training programme for all the sports listed here, which are available on a weekly basis during period six, nine and/or after school as well on weekends.

The SV ISF also organises all inter school matches and competitions, which can take place during the week and/or at weekends. All of the relevant training schedules, competition fixtures and contact points depending on the type of sport, age and ability for all SV ISF members are here in this booklet.

## ***Commitment to Excellence***

When a student participates as a SV ISF or GISST team member, they do so as both ISF and SV ISF representatives, which comes with a certain responsibility or *commitment to excellence*. This includes, for example, sportsmanship, academic standing, trust, respect, leadership and team spirit. This commitment should extend to their teammates, their coach and everyone in SV ISF and ISF throughout the whole season.

## How to Join

All students wishing to participate in any ISF team must become a SV ISF member. Likewise, all non-SLO sporting activities require SV ISF **membership**.

Adult membership for over 18's is also possible and families wishing to take advantage of the family discount are also welcome (very practical if more than one member of your family is an ISF student) and for some sports, especially those interested in swimming, membership grants pool use at weekends. There is also a group of adult runners sent to half marathons and marathons.

Prior to joining, there is a trial period of one week for all sports, where no fee is charged. After the trial period, all sporting participants are required to fill out a **SV ISF membership form** (available from the office, reception, ISF database) with the relevant bank details.

For participation in all team sports we need a **doctor's attest and a pass photo**.

**Please note, as this is a standing order debit, if you wish to terminate your membership, it must be cancelled six weeks prior to the end of the current school year or it will automatically be debited the next year.**

### Fees of the Sportverein ISF Sindlingen e.V. as of August 1, 2014

	ISF members	non-ISF members
	Euro/year***	Euro/year
1 <sup>st</sup> child (up to 18 years) for all team sports	190,00	380,00
2 <sup>nd</sup> child (up to 18 years) for all team sports	165,00	330,00
Families* (children, parents, grandparents)	365,00	730,00
Additional course fee for swim and soccer school per term and tennis school in autumn and spring	50,00	50,00
Supporting members	500,00	1000,00
Registration fee for all new members	20,00	40,00
Half-year-fee for students leaving school before February 1 <sup>st</sup> or starting school after January 31 <sup>st**</sup> : 1 <sup>st</sup> child / more children	95,00 / 82,50	190,00 / 165,00
Half-year-fee for families leaving school before February 1 <sup>st</sup> or starting school after January 31 <sup>st**</sup>	182,50	365,00

\* Family membership includes children, parents and grandparents but no extended relatives.

\*\* Families leaving school earlier or starting school later during the school year, please get in touch with us according to requirements.

For your information and in order to put the membership fees into some perspective, each team player is issued with a **Player's Passport** for each individual sport, which allow that student to compete in the German National Leagues.

In addition, the SV ISF needs to pay for insurance, membership fees for the sports federations, coaches, uniforms and competition fees. These costs are unavoidable and part of the requirements of being a *Sportverein and a non-profit organisation*.

## ***Team Practices are running all over the year***

Coaches select their team players and these selections - purely the coaches' decision - are FINAL.

Any players not selected and still wishing to take part will be placed on the appropriate waiting lists stored in our office.

Any new ISF students (entering during the school year) are welcome to try-out for two weeks and every effort will be made for their inclusion.

Team practice may be once, twice or even three times a week, depending. In addition to this booklet, practice timetables and further information's are posted *on our board in the entrance hall as well on ISF SDP*.

## ***Competitions, League Games and friendly tournaments***

**In order to be successful both as individuals and as a team, all team members must attend all practice sessions and games and competitions for the German league all over the year. GISST sports can be offered in seasons. To prepare the athletes for an annual GISST competitions, we will set up friendly games.**

Anyone who cannot attend a practice or competition must tell his/her coach within 48 hours of the proposed absence. Failure to do so, jeopardizes future team participation. The only accepted reasons for non-attendance are academic and family emergencies.

**We appreciate a written note from the parents (for instance by email) in any case of missing practice.**

Please note the **competition schedule** for each sport sent directly to the team players. The coach of each team is supposed to inform all team players about the fixtures by email. A **player's contact** will must be signed. German League games are scheduled for the beginning of September. All competitors need to hand in each school year a valid **health certificate**.

## ***Rules and Regulations***

Adherence to the Rules and Regulations governing all the International Schools participating in athletic competition is mandatory. Needless to say, these rules apply throughout the season, at home games, when travelling and as guest athletes. Students must abide by all rules such as **no alcohol or tobacco use**, curfews or any rule set forth by the host schools (as for example those found in the ISF Student-Parent Handbook and GISST Handbook). If there are any doubts as to what these may be, please confer with the ISF Sports Coordinator, Ulrike Groh.

## ***Lost Property***

**SV ISF cannot take responsibility for loss of money or any personal belongings:**

Personal valuables (iphones, jewelleries etc.) and large amounts of money must never be brought to SV ISF practice. All students and parents should be aware that SV ISF athletes **MUST** use the ISF LOCKERS next to the changing rooms or in the swim changing rooms to store all of their valuables during training and games.

Coaches offer the use of additionally valuables boxes. Padlocks can be bought at the bookstore. In case of having no 1 EUR piece, students may borrow one in the SV ISF office or with the coach.

## ***Sponsors***

Sportverein ISF Sindlingen e.V. plays a vital role in teaching our children fundamental values like a strong work ethic, teamwork, and good sportsmanship. We are always looking for supporters and sponsors who share the same enthusiasm for and commitment to youth sports in our community. ERIMA is our outfitter for our team wear. All teams will be sent to competitions and games in ERIMA sportswear.

**If you are interested in submitting a request for a donation or sponsorship, please get in contact with Ulrike Groh or the SV ISF Board Members. Sportverein ISF Sindlingen e.V. is a non-profit organization and can certify your charitable donation.**

## 2. INTERNATIONAL SPORTS CONFERENCES

ISF has regularly participated in sporting events with various other international schools in Germany. In addition, the SV ISF has been a member of the **German Schools Sports Tournament (G.I.S.S.T.)** organisation since its beginning.



These are the participating international schools in G.I.S.S.T.:

<b>Bavarian International School (BIS)</b>	<b>Berlin International School (BerIS)</b>
<b>Berlin Brandenburg International School (BBIS)</b>	<b>International School Stuttgart (ISS)</b>
<b>Berlin British School (BBS)</b>	<b>Leipzig International School (LIS)</b>
<b>Dresden International School (DIS)</b>	<b>Franconian International School (FIS)</b>
<b>International School Hannover Region (ISHR)</b>	<b>St. George's School Duisburg/Düsseldorf (STG)</b>
<b>Internationale Schule Frankfurt-Rhein-Main (ISFRM)</b>	

All of the above international schools meet for a series of Interschool Championship Tournaments (for both boys and girls) depending on the sport. These tournaments are organised for teams in two age groups – the Under 14 and Varsity teams. Cross-Country and Swim Meets are also arranged for Grades 2 to 5 (Interschool)

A special point scoring system allows the German School Sports Tournaments organisation to present an **Overall Winner** by the end of the school year.



## 2. ISF INTERNATIONAL SPORTS SCHEDULE 2019/20

### GISST Annual Championships

Sports	FALL season	HOST
<b>GISST TI Conference</b>	<b>Sep 9-10, 2019</b>	<b>Dresden International School (DIS)</b>
<b>GISST Cross Country</b> U14 & Varsity Boys and Girls	Sep 27-28	Berlin British School (BBS)
<b>GISST Football</b> Varsity Girls	Nov 7-9	Berlin International School (BerIS)
<b>GISST Football</b> Varsity Boys Devision I	Nov 7-9	Franconian International School (FIS)
<b>GISST Football</b> U14 Girls	Nov 7-9	International School Frankfurt-Rhein-Main (ISF)
<b>GISST Football</b> U14 Boys Devision II	Nov 7-9	Berlin Brandenburg International School (BBIS)
<b>GISST Volleyball</b> Varsity Girls	Nov 21-23	Dresden International School (DIS)
<b>GISST Volleyball</b> Varsity Boys	Nov 28-30	International School St. Georges Duisburg-Düsseldorf (STG)
<b>GISST Badminton</b> U14 Boys and Girls	Dec 5-7	Berlin British School (BBS)
<b>GISST Badminton</b> Varsity Boys and Girls	Dec 5-7	International School Hannover Region (ISHR)
	<b>WINTER season</b>	
<b>GISST T2 Conference</b>	<b>Jan 14-15, 2020</b>	<b>International School St. Georges Duisburg-Düsseldorf (STG)</b>
<b>GISST Swimming</b> U14 & Varsity Girls/ Boys	<b>Jan 31- Feb 1</b>	<b>International School Frankfurt-Rhein-Main (ISF)</b>
<b>GISST Basketball</b> U 14 Girls	Mar 5-7	International School Stuttgart (ISS)
<b>GISST Basketball</b> U 14 Boys	Mar 5-7	Bavarian International School (BIS)
<b>GISST Basketball</b> Varsity Girls	<b>Mar 20-22 NEW!</b>	Franconian International School (FIS)
<b>GISST Basketball</b> Varsity Boys	Mar 19-21	International School Hannover Region (ISHR)
	<b>SPRING season</b>	
<b>GISST T3 Conference</b>	<b>May 6-7, 2020</b>	Berlin International School (BerIS)
<b>GISST Tennis</b> Varsity Girls and Boys	Mar 26-28	Leipzig International School (LIS)
<b>GISST Volleyball</b> U14 Girls	Apr 23-25	Bavarian International School (BIS)
<b>GISST Volleyball</b> U14 Boys	Apr 23-25	International School St. Georges Duisburg-Düsseldorf (STG)
<b>Swimming Inter School</b> G2-5 Girls and Boys	May 15-16	Berlin International School (BerIS)
<b>Track &amp; Field</b> U14 & Varsity Girls/ Boys	<b>May 26-28 NEW!</b>	Berlin Brandenburg International School (BBIS)



## Eligibility for all GISST Team participation

Participation in any of the GISST tournaments is open to all students, however decisions to exclude certain students for reasons above are made by the respective team Coaches, ISF Sports Coordinator and/or ISF Academic Coordinator. Although eligibility for each sport varies depending on age, these basic guidelines apply.

(For exact guidelines, please confer with respective team coach or the ISF Sports Coordinator.)

### **INTERSCHOOL participants**

*Grade 2: 01/09/11 – 31/08/12*

*Grade 3: 01/09/10 – 31/09/11*

*Grade 4: 01/09/09 – 31/08/10*

*Grade 5: 01/09/08 – 31/08/09*

### **GISST Under 14 participants**

*Grades 6 to 8 students must be born after Sep 1<sup>st</sup> 2005 meaning 01/09/05 -31/08/08*

### **GISST Varsity participants**

*Grades 9 to 12 students born before Sep 1<sup>st</sup> 2005 meaning 01/09/01 – 31/08/05*

In addition, all SV ISF members have to sign a **GISST player's contract**. The SV ISF ERIMA tracksuit (blue/yellow) is required and can be bought every Friday in the entrance hall. We offer player uniforms and a GISST shirt. Swim team members are competing in blue/yellow suits or jammers and must wear a SV ISF bathing cap.

## Accommodation / Housing

In general, when ISF teams travel to competitions requiring overnight accommodation, the host teams find host families for our athletes. Therefore, when ISF plays host, **all ISF families are expected to provide housing for guest athletes**. Our housing representative will get in contact with the ISF community in the beginning of the school year. As a pre-requirement for membership, families of ISF athletes are **duty bound to host two (or more) athletes from other schools at home competition matches**.

This is a condition of their son/daughter's participation in our program and an excellent opportunity for the athletes and their families to develop friendships with other schools both at home and abroad.

Further, as this is a reciprocal agreement among the competing schools, **the success of all organised competitions rests upon the promised co-operation, participation and involvement of all concerned**.

The SV ISF coaches and ISF Sports Coordinator make all the accommodation arrangements by conferring with both the athletes and their families. Naturally, a schedule and important information is published and handed out prior to any of the major sporting event. If a school cannot house all Interschool and GISST athletes it might happen that students and accompanying adults stay overnight in youth hostel accommodation.

## **Travel & Tournament Coaching**

Parents are required to pay **All COSTS associated with the tournament** they are travelling to (transportation, lodging of their individual SV ISF member and coaches). **These fees must be paid in full to the SV ISF Bank account prior to the trip.**

If a student withdraws or is withdrawn for any reason, any resulting cost to the school or SV ISF must still be paid, even in the event of non-participation.

Obviously, SV ISF and the ISF Sports Coordinator try to secure the best possible transport for these events and ones, which place the least amount of financial burden on the participants and their families.

**Parents are always welcome to chaperone and cheer our teams!**

## **Awards and Annual General Meeting**

The next Annual General Meeting for all members will be announced asap. This is the platform where you are able to address possibly changes in the constitution of the Sportverein ISF Sindlingen e.V.

*ISF Sportsverein is providing an excellent programme*

*of extracurricular sports activities*

*- competitive and non-competitive in nature -*

*for your child to enjoy whilst fostering*

*a sense of dedication and responsibility.*

*None of which is possible without your continued support.*